

Week 7 Term 1 2019

We congratulate all our swimmers who participated in the **Zone Swimming Carnival** last Friday.

They were wonderful representatives of our school and it was a fabulous experience for them all to reach this level of competition.

This year, we will be celebrating **Harmony Day** on Thursday 21 March. As we did last year, we will be inviting the students to bring along some food items to share that come from other countries. We will gather together at morning tea time to enjoy a multicultural smorgasbord! The students will be able to wear orange clothing which is the colour associated with Harmony Day. The students can have their nails painted orange as well!!

From the **Library**.... Please ensure your child brings a labelled **library bag** to school each week so that they can borrow books to take home. We have a wonderful collection of treasures in the library and we are very keen to make sure that they are all treated with great care. Thank you.

Many of our parents are working tirelessly in our garden to make it look incredible and provide us with some valuable learning opportunities. New garden beds have been established and a variety of seedlings have been planted. It is looking fabulous and we thank them so much for the time and energy they have put into its transformation!

Election Day is coming up and the P&C will be putting on a BBQ on the day so you can grab a sausage sandwich before you go to the polls! This is a great fundraiser for the school.

All for now.

Diana Aitken



2019

March 13/14 Year 6 Leadership Camp

March 21 Harmony Day

April 2 KHS Open day 1.45pm

April 11 End of Term Assembly 9.30am

April 12 Last Day of Term

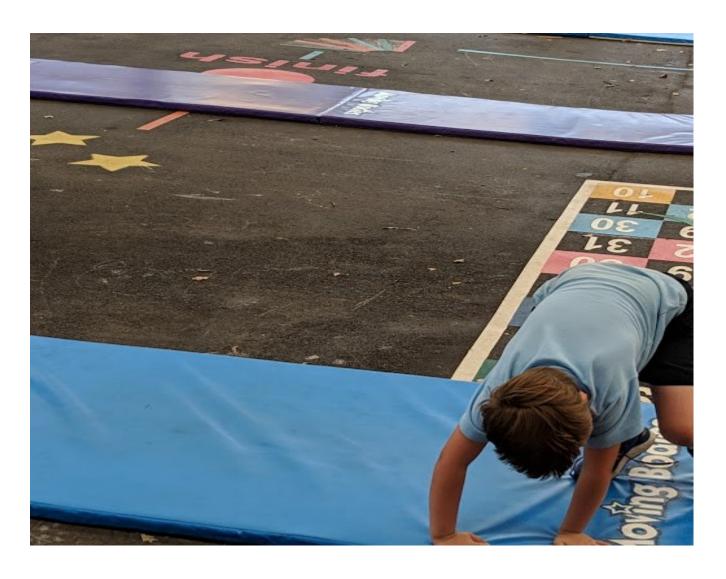












K-6 Assembly 8/3/2019

1/KAR Merit Awards Olivia, Juliette

Student of the Week Luca

1/2T Merit Awards Finley, Zali

Student of the Week Rory

3/4M Merit Awards Amelie, Jazmin

Student of the Week Nim

5/6A Merit Awards Jack F, Zephyr

Student of the Week Gwyn

Brookie Awards Draye, Dan, Angus, Juliette, Caleb, Audrey, Luca, Lilli,

Jarrah

Tidy Bag Award 1/KAR

Happy Birthday Catherine, Sarah, Mrs Rabbetts







Sports Camps Australia provides a range of unique camps tailored for youth to improve their skills, meet new friends and have Serious. Fun. during the school holidays. Our passionate and professional coaches will guide and inspire your child to become a better athlete!

SPORTS BASKETBALL BMX





BASEBALL

























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THINK CLUB

EXPANDING YOUNG MINDS

Think Club Australia provides experiential workshops for the inquisitive, problem-solving, creative and capable primary school child. Our one day, hands-on workshops are enjoyable, fun and interesting.



TUESDAY 16th & WEDNESDAY 17th APRIL 2019

9am – 3.30pm, Sydney Boys High School, Moore Park, Sydney, NSW For more information or to register visit www.thinkclubaustralia.com

Create something great Claim your \$100 Creative Kids voucher today



As a registered provider for the Creative Kids program, you can redeem your voucher with us and let your child develop new skills. Enrol them in a new activity so they can create something great.

APRIL SCHOOL HOLIDAY EVENTS



UNDER THE SEA WITH RANGERS ON THE RUN

An introduction to the marine world. Children will have the opportunity to see and touch many different sea animals.

Hornsby Library

Tuesday 23 April 10.30am-11.30am Ages 3-5.

Berowra Community Centre

Tuesday 23 April 2.30pm-3.30pm Ages 3-5.



Pennant Hills Community Centre

Wednesday 24 April 10.30am-11.30am Ages 3-5.

Hornsby Library - Primary school session!

Wednesday 24 April 2.30pm-3.30pm Ages: 5-12

The primary school session show is designed to meet the learning outcomes for HSIE and Science & Technology in the NSW Curriculum.

Limit: 40. Duration: 1hr. Cost: \$10.00 per child.

Bookings essential. Book online at hornsby.nsw.gov.au Children 7 and under must be accompanied by an adult.

HOLIDAY STORYTIME

Join us for stories, songs, craft and refreshments.

Hornsby Library

Thursday 18 April 10am-11am

Berowra Library - Balcony Room

Friday 26 April 10.30am-11.30am

All ages welcome. Cost: \$2.00 per child for children 18 months and over. Free for adults.

Payment at door. No bookings required.

POP LOCK AND BOP STREET DANCING

Pop, Lock and Bop focuses on learning the most popular street dancing movements, techniques and choreography, with a focus on putting together and performing short and simple routines.

Hornsby Library

Monday 15 April 10.30am-11.30am

Pennant Hills Community Centre

Monday 15 April 2.30pm-3.30pm

Limit: 100. Duration: 1 hr

Cost: \$10.00 per child. Ages 8-12.

Bookings essential.

Book online at hornsby.nsw.gov.au

Children 7 and under must be accompanied by an adult.

EVENING HOLIDAY STORYTIME

Join us for stories, songs, craft and refreshments.

Pennant Hills Library

Thursday 18 April 6.30pm-7.30pm

All ages welcome.

Cost: \$2.00 per child for children 18 months and over. Free for adults.

Payment at door.

No bookings required.





Donation Drive 2019

Please issue the attached envelopes to your families and ask them to donate \$2.00 for a chance to win a \$4,000 FAMILY HOLIDAY.

Completed empty envelopes (with legible name & contact phone number) must reach Stewart House by Friday 31st May 2019. We will reconcile these to payments received via EDConnect. Unused envelopes may be appropriately recycled.

Families & Supporters

Follow these 3 easy steps

School / Office Staff

Follow these 4 easy steps

STEP 1... Take home the envelope and fill in your name, address, telephone number and school.

STEP 2... Insert a donation of at least \$2 into the envelope and seal it.

STEP 3... Return the envelope to your school / office.

STEP 1... Please open envelopes, count and record all money returned to your school. It is illegal to send cash through the mail - many thanks for the extra work involved in this process.

STEP 2... Post empty envelopes (with completed details on the back) to Stewart House at PO Box 21, FRESHWATER, 2096.

STEP 3... Make payment to Stewart House via

(i) Complete a **Special Payment Request** on the DoE finance system and email this together on school letterhead advising that the payment request is for a donation to Stewart House from money raised by....**School Name - Donation Drive** (for example - Harbord PS - DD) to: EDConnect.accountspayable.schools@det.nsw.edu.au.

The Stewart House vendor number is 100010992. (You cannot use the schools one time vendor account.)

(ii) Payment via our website using your **School Pcard**. Please choose '**Donation Drive**' in the additional information drop down box at checkout.

Please note donations to Stewart House are GST free.

STEP 4... We will issue a receipt for the total school donation.

NOTE: Supporters of Public Education are welcome to enter the draw. If you work at a school, please submit your envelope as part of the general school donation drive entry. If you work in an office, please send your emptied envelopes and cheque for the total donation by post to Stewart House (PO Box 21, Freshwater, NSW, 2096) or make payment through the credit card portal on the Stewart House website stewarthouse.org.au.

Important Information

The winning entry for the \$4,000 family holiday to a destination of choice (brokered through JC Travel Professionals) will be drawn on Friday 31st May 2019 at 12pm. The winner and the winner's school will be contacted by phone and email. Full terms and conditions for this competition are available on our website: stewarthouse.org.au.

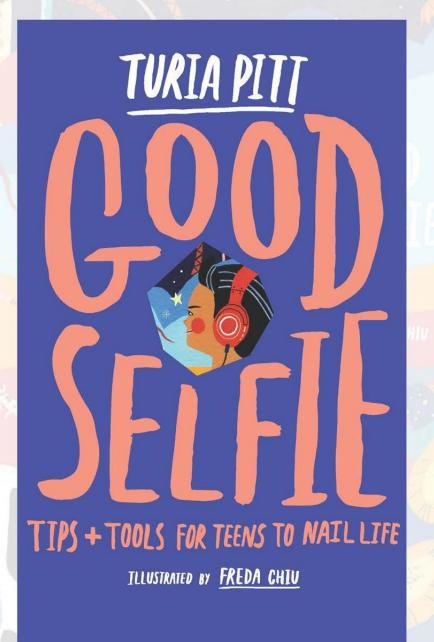






MEET THE AUTHOR TURIA PITT

Thursday 28 March, 6.30pm Hornsby Library

















AUTHOR OF: GOOD SELFIE: TIPS + TOOLS FOR TEENS TO NAIL LIFE

Turia Pitt is living proof that, with the right mindset, we truly can achieve anything.

Turia Pitt was caught in a grassfire while competing in an ultra-marathon in the Australian outback. After over 200 medical procedures and two gruelling years in recovery, she has rebuilt her life and defied every expectation. Through her books, online programs and events, Turia provides the tools to help teens and kids step outside of their comfort zone, kick big goals and create an EPIC life. Good Selfie is real, straight-talking and funny. It contains simple but powerful strategies to:

- Build self-confidence and self belief
- Get through hard times
- Re-frame the way you see your life and your challenges
- Set and get big goals



Turia Pitt

Hornsby Library

28-44 George Street, Hornsby. Entry via Hunter Lane

Cost \$5.00 Includes light refreshments.

Bookings essential

Book online at Hornsby. nsw.gov.au/library or at any Hornsby Shire Library Branch

This event will be followed by a book signing. Books will be available to purchase at the Library.

Image courtesy of:Turia Pitt

Academic excellence in a creative environment



Ku-ring-gai High School

Inspire, challenge, create



403 Bobbin Head Road North Turramurra, 2074

Principal: Ms T.A. Kamasz

Deputy Principal: Mr M. Robinson

Phone: 9144 3477 Fax: 9983 9331

Why Ku-ring-gai?

Ku-ring-gai High School is a community that values the individual worth and contribution of all its members. Our school ensures excellent student centred, coeducational and comprehensive education with a positive focus on developing students through future focused learning.

- Student centred
- Coeducational
- Academic
- Comprehensive
- Future focused

Email: kuringgai-h.school@det.nsw.edu.au Website: http://www.kuringgai-h.schools.nsw.edu.au

What makes Ku-ring-gai Unique?

Inspire, challenge, create

The Students

Our expectation at Ku-ring-gai High School is that through personalised innovative and challenging learning programs, every student will be an effective learner, challenged in their learning and able to demonstrate their knowledge in a variety of ways.

Students are encouraged to think critically, work co-operatively and always to reflect upon their learning.

As a learning community we are more focused than ever on ensuring that "Harmony in Diversity" remains our underpinning belief, that our school will always be a safe haven for all students and that every student will be respectful of each other at all times.

The Learning

Our teachers are passionate educators who know their students and how they best learn. As a secondary school of 700 students we have the advantage of offering smaller classes and individual learning programs. Our Talent Enrichment Program is the epitome of creativity and future focused learning. Students from years 7-10 are able to choose from a wide range of subjects including the arts, dance, drama, robotics, coding, 3D design, animation, film making, voice, instrument, creative writing, Big History, **Environmental Studies and** sports options.

The Environment

Our learning environment fosters creativity. With the recognition that the learning environment is the Third Teacher, Ku-ring-gai High School is outstanding with its 25 acres of beautiful parkland surrounding the National Park, welcoming and flexible learning spaces and modern specialised rooms including science laboratories, commercial kitchens, and technology spaces. Our learning spaces and facilities are updated regularly and fifteen new flexible learning spaces, as well as a new hall, are currently planned.



Come and see for yourself

Upcoming School Tours:

Thursday 7 March at 9:15am

Tuesday 2 April at 1:45pm

Please RSVP to the administration office as numbers for the tours are limited. Alternatively, visits may be arranged by appointment.



The 2018 Special Edition tea towels still available for purchase. They make a great gift and souvenir! There are still a few orders waiting to be collected. Get yours from the office for only \$13 (or 2 for \$25).



2019 REGISTRATIONS NOW OPEN

Registrations are now open for the 2019 season.

You can register online at https://www.playfootball.com.au/ or come down to Brooklyn Oval on the below day to sign up and have a kick (no soccer boots allowed until 1 April 2019).

Wednesday 20 February 3:30pm to 6:00pm

An EFTPOS machine will be available for any purchases.

The fees for 2019 are available on our website:

www.brooklynsoccer.org.au

Parents will again be able to apply for and download their Active Kids Rebate vouchers from the Service NSW website to redeem against your childs registration fees, saving you \$100 off the cost of registration.





COME AND TRY ONE OF OUR DANCE CLASSES

BEROWRA **ASQUITH PENNANT HILLS**



LYRICAL **HIP HOP ACROBATICS** BALLET JAZZ TAP PERFORMANCE

ACCEPTING ACTIVE AND CREATIVE KIDS VOUCHERS



CONTACT US 0408 473 803

Jan@BelcastroDance.com

Live Life Well @ School

HEALTHY LUNCH BOXES

Pack the five food groups!

Include all five food groups into your child's lunchbox and water as the best drink!

Breads & Cereals:

Wholegrain bread, pasta, noodles, wrap or crisp bread.

Vegetables: Carrot, capsicum or celery sticks, salad on a sandwich.

Breads & cereals Vegetables & salads		À Water
Meat &	Dairy	Fruit

Meat & Alternatives: These provide protein. Try cooked lean beef or lamb, skinless chicken or turkey, egg, legumes or hummus.

Dairy: These provide protein and calcium. Try a slice of cheese, yoghurt or milk.

Fruit: Serve in a fun and creative way. Try fruit skewers or fresh cut up fruit in a container ready to eat.

Provided by Cancer Council NSW

More tips and recipes: healthylunchbox.com.au



Health Northern Sydney Local Health District



TRY HOCKEY FOR FREE AT NORTHERN DISTRICT **STRIKERS** PENNANT HILLS

On Monday 25th February and 4th March 5:30-6:30pm come along and try hockey for free. Bring a mouthguard and shin pads and we can lend you a stick to use.

Anyone from age 4 welcome Pennant Hills Park Hockey Fields

Britannia st Pennant Hills Free BBQ afterwards

RSVP to

edwinaspooner@yahoo.com.au Any questions, please don't hesitate to contact us. Edwina 0423138734



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48 Point Road, Mooney Mooney

Now you have the luxury to have your hair service's in your local area (Wheelchair access)

Kids Cuts: Pre-school 0 - 4 - \$12

Primary 5 - 11 - \$15

High School - \$15 to \$20 Guy's Cuts - \$15 to \$20

Gal's / Students Cut / Dry - \$25

Gal's: Shampoo / Cut / Dry - \$35 (Extra for full blow dry)

Guy's: Shampoo / Cut / Dry - \$20

Colour's: Starting Price Half Head of Foils / Cut / Blow Dry - \$85

> Special rates for Seniors Shampoo / Cut / Dry - \$25

Starting Price: Colour / Cut - \$60 Open - Thurs 9am - 7pm

Friday 9am - 5pm

Saturday 8am - 12pm

Ring Yvette for appointment 9985 1561 Mobile: 0432 245 079